Before you take your pills... pause.

Prevent medicine mix-ups with these 5 steps.

When taking any medicine, always make sure you have the right:

- PERSON.
 Whose name is on the label?
- MEDICINE.
 Is this the medicine you mean to take?
- DOSE.

 How much should you take at a time?
- WAY.
 Is it meant to be swallowed?
 Is it an eye or ear drop?
- When and how often should this be taken?

Medicine mix-ups happen. We can help. **1-800-222-1222**



JOHN SMITH

Medicine Name

Take one tablet

100 MG Tablet

by mouth •

twice daily

Fast, free, expert advice, 24/7.